

Download Acid Reflux Solutions

What is acid reflux? Acid reflux is 'reflux' of stomach acids (hydrochloric acid) in to the upper esophagus and/or throat. The acids, which are meant to be restricted to the stomach, leaks into the esophagus and then travels up towards the throat. The FDA is clear on their stance regarding PPIs—the label says: No more than three 14-day treatment courses should be used in one year.” 1. The TIF procedure is minimally invasive and corrects the root cause of reflux – a faulty valve between the esophagus and stomach. What Causes Acid Reflux Disease? One common cause of acid reflux disease is a stomach abnormality called a hiatal hernia. This occurs when the upper part of the stomach and LES move above the ...Acid reflux is a condition in which acid backs up from the stomach into the esophagus and even up to the throat, irritating their lining tissues.